



# NATURAL SOLUTIONS

Clinical Kinesiology, Acupuncture, & (w)Holistic Healthcare

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## Uses of Hydrochloric Acid

**Arthritis:** Characterized by faulty calcium metabolism and poor glandular secretion. Commonly, arthritics complain of gas and belching due to protein putrefaction. The use of HCL supplies a natural hydrochloric acid source to aid in calcium solution, protein digestion, and clears up the gastritis.

**Epilepsy:** Marked reduction in incidence of convulsions has been reported by regular use of HCL in generous dosage. Availability of glutamine and arginine is increased.

**Anemia:** Lack of gastric hydrochloric acid is often a basic cause of stubborn anemia. This is probably more likely so with older patients, arthritics, and in pernicious anemia. As a result, ingested proteins are not digested into components necessary to build hemoglobin and red blood cells.

**Cancer:** Most cancer clinics use hydrochloric acid routinely – cell ionization and detoxification is aided.

**Diabetes:** Hydrochloric acid restores normal acidity so natural secretion of insulin can maintain its activity. Insulin is only active in acid. Lipotropic effects of HCL are also helpful.

**Allergies:** Hydrochloric acid aids breakdown of protein complexes (allergens) which otherwise may go through the liver into the blood stream, thus causing congestion.

**Chronic Constipation:** HCL aids natural gastro-intestinal action, normalizing the flora.

**Mental Disturbances:** Apparently, the brain cells of mentally disturbed patients accumulate indole, indican, and other toxic materials which interfere with normal brain function. HCL aids in their more complete digestion and removal. Clinical results have been excellent.

### Conditions Associated with Low HCL

- Food allergy, childhood asthma, diabetes
- Eczema, hives, Rosacea, vitiligo, psoriasis
- RA, LE, Sjögren's, eczema
- Osteoporosis, anemia, poor mineral absorption, weak or ridged fingernails
- Pancreatic insufficiency

### Directions for taking supplemental HCL

Swallow (*do not chew*) the amount directed 2 to 5 minutes after each meal. If you miss taking your dose right after the meal, you will still benefit by taking it even hours later. If you experience bloating or gastric discomfort you can repeat your normal dose one or two additional times.